







REGULATIONS

WINTER POLISH OPEN SWIMMING CHAMPIONSHIP IN MASTERS CATEGORIES

POZNAŃ 2021

HONORARY PATRONAGE OF THE WIELKOPOLSKA VOIVODESHIP

MR. MICHAŁ ZIELIŃSKI



Auto Compol S.A.







Wielkopolski Okręgowy Związek Pływacki ul. Starołęcka 36, 61-361 Poznań biuro@wozp.poznan.pl

1. Organizer

 Wielkopolski Okręgowy Związek Pływacki, ul. Starołęcka 36 61-361 Poznań, <u>biuro@wozp.poznan.pl</u>, <u>www.wozp.poznan.pl</u>
 Masters Technical Committee PZP

2. Event Partner



3. Media Patronage

- 1) TVP Poznań,
- 2) Głos Wielkopolski

4. Chairman of the Organizing Committee

Chairman WOZP Jacek Thiem

5. Date

11-12.12.2021

6. Venue Basen Termy Maltańskie ul. Termalna 1, Poznań

7. Characteristics of the pool

- 1) Length 25 m
- 2) Number of lanes 10
- **3)** Water temperature minimum 27°
- 4) Electronic time measurement system
- 5) Warming up before the race and light swimming after the race is possible during the competition in a separate 25 m length swimming pool with 3 lanes.

8. Participation

Competitors aged 20 and over (born in 2001 and older) have the right to take part in the competition. As part of the entry fee, each competitor may participate in two competitions individually and in one relay in each section. Competitors must submit a written declaration, (available for download: livetiming.pl) confirming that they are healthy and that they compete at their own risk. In order to make registration easier, the organizer asks competitors to bring completed declarations with them on the day of the competition. Competitors representing and sections with PZP licenses, as well as clubs and sections that do not have a PZP license may submit competitors only as part of the club registration. Non-associated competitors apply individually.

- 9. Entries
 - Club entries via the SEL platform by 04/12/2021 by 22:00. In order to complete the entries with times, it is required to send an excel with the times of individual competitors for each race. (the table is attachment number 4 to this document)
 - 2) Club entries in electronic form from the Entry Editor Splash program. The deadline for sending the generated Lenex file is 04.12.2021 at 22,00 to the following address: <u>michal.derewecki@gmail.com</u> Entry can be downloaded at livetiming.pl.
 - 3) The deadline for entries in EXCEL for non-associated competitors in accordance with the attached template is 04.12.2021 at 22.00, to the following address <u>michal.derewecki@gmail.com</u>

10. Starting lists

Starting lists will be published on the website: livetiming.pl, on 09.12.2021

11. Age groups

- **1)** Youth group "0" – 20-24
- 2) Masters groups

"A" 25-29, "B" 30-34, "C" 35-39, "D" 40-44, "E" 45-49, "F" 50-54, "G" 55-59, "H" 60-64, "I" 65-69, "J" 70-74, "K" 75-79, "L" 80-84, "M" 85-89, "N" 90-94, "0" 95-99 and so on, every 5 years.

12. Club relays

Only competitors from one club. Total age (sum of years) of the four competitors

- 1) Youth group "0" do 99 years
- 2) Masters groups

"A" 100-119, "B" 120-159, "C" 160-199, "D" 200-239, "E" 240-279, "F" 280 + It is not allowed for competitors from group "0" to participate in the relays in Masters groups

13. Technical regulations

Championship will be held in heats. The series will be arranged according to the submitted times. Not submitting the time will result in placing in the slowest heat of the race.

The current Masters FINA and PZP swimming regulations, available on the website of the Polish Swimming Association apply during the competition.

1) Championship programme

11.12.2021 I - Saturday The competition office is open: 7:00-10:00 Competitors' registration: 7.15 – 8:30 Warming up 7:30-8:15 Start of the competition: 8:30

2) 11.12.2021 II Saturday Warming up: 14:00 – 14:50 Ceremonial Opening of the Championship 14.55 Ceremony of the Polish Masters Cup 2019 Start of the competition :15:10

3) 12.12.2021 III - Sunday Warming up: 7:30 – 8.15 Start of the competition: 8:30

Ceremony will take place during the competition. The event announcer will provide the information on an ongoing basis.

After the time designated for registration, the heats will be set, which means that competitors who do not confirm their start by the registration date will not be allowed to start.

Changes in the relay (without changing the age categories) can be made up to one hour before the start of the race.

14. Races

| I Morning Saturday 11.12.2021 | | | | | | | |
|-------------------------------|---------------------------|----|------------------------|--|--|--|--|
| 1 | 50 m butterfly women | 2 | 50 m butterfly men | | | | |
| 3 | 100 m breaststroke women | 4 | 100 m breaststroke men | | | | |
| 5 | 50 m backstroke women | 6 | 50 m backstroke men | | | | |
| 7 | 200 m medley women | 8 | 200 m medley men | | | | |
| 9 | 200 m freestyle women | 10 | 200 m freestyle men | | | | |
| 11 | relay 4x50 m medley mixed | | | | | | |

II Afternoon Saturday 11.12.2021

| 12 | 100 m freestyle women | 13 | 100 m freestyle men |
|----|------------------------------|----|----------------------------|
| 14 | 50 m breaststroke women | 15 | 50 m breaststroke men |
| 16 | 100 m medley women | 17 | 100 m medley men |
| 18 | 200 m butterfly women | 19 | 200 m butterfly men |
| 20 | 200 m backstroke women | 21 | 200 m backstroke men |
| 22 | relay 4x50 m freestyle women | 23 | relay 4x50 m freestyle men |

III Sunday 12.12.2021

| 24 | 50 m freestyle women | 25 | 50 m freestyle men |
|----|---------------------------|----|-------------------------|
| 26 | 200 m breaststroke women | 27 | 200 m breaststroke men |
| 28 | 100 m backstroke women | 29 | 100 m backstroke men |
| 30 | 100 m butterfly women | 31 | 100 m butterfly men |
| 32 | 400 m freestyle women | 33 | 400 m freestyle men |
| 34 | relay 4x50 m medley women | 35 | relay 4x50 m medley men |

15. Prizes

- **1)** Medals and diplomas for taking places 1-3 in all age groups in individual races. Diplomas for relay races.
- 2) Each participant receives a gift.

16. Financing rules

- The entry fee is 165PLN for each competitor (in which 15PLN goes to the PZP Masters Technical Committee). Payment to the WOZP account (the payment must be credited to the WOZP account by 01.12.2021). The transfer should include "ZMPM", the name of the club and the names of the competitors to whom the payment relates.
- 2) With the club registration, the organizer asks for the payment of the starting fee be paid from one account for all registered competitors.
- 3) Invoices for the starting fee
 - Data for the invoice sent to the address
 <u>ksiegowosc@wozp.poznan.pl</u> by 01.12.2021 these invoices will be
 available to collect at the competition office
 - Data for the invoice sent to the address <u>ksiegowosc@wozp.poznan.pl</u> after 01.12.2021 – these invoices will be sent via mail after 12.12.2021.
 - 3. Attention! only applications for the need to issue invoices sent by 01.12.2021 will be honoured.

Bank account:

PKO BP I OM POZNAŃ 98 1020 4027 0000 1202 0031 1878

The organizer asks you to take the proof of payment and show it at registration.

Attention! If the competitor does not start in the Championship, the organizer will not refund the entry fee.

17. Organizational provisions

- 1) Coaches / team leaders are required to:
 - submit a signed declaration regarding the health condition of the competitors to the competition office before the start of the competition (attachment 2)
 - show at the request of the organizer of the competitors' health condition (attachment 1)

- submit a RODO statement for each competitor to the competition office before the start of the competition (attachment 3)
- 2) Competitors applying individually

-submit a signed declaration regarding the health of the competitor to the competition office before the start of the competition (attachment 1)
- submit a RODO statement for each competitor to the competition office before the start of the competition (attachment 3)

ATTENTION! - it will not be possible to print attachments in the office

3) During the warming up and competition, only the lanes provided by the Organizer may be used. Only during the warming up, the lanes in the pool designated for the competition and 3 lanes in the warming up pool will be available.

Lanes 0 and 9 will only be used to practice starts.

- **4)** Wearing a mask that covers the nose and mouth in the building is obligatory. The obligation does not apply only to the swimmers standing on the starting platform.
- **5)** During the competition, coaches, competitors and fans stay in the stands. For starts and for warming up, the competitors use the metal stairs located on the north stand.
- 6) During the competition one-way traffic applies.
 - gathering for the race at the metal stairs (north stand)
 - entrance to warming up room where the heats will be set
 - passage through the technical corridor to the starting platform
 after the finished race, return to the stands via metal stairs (north stand)

18. Accommodation suggestions:

- 1) Hotel Camping Malta ul. Krańcowa 98, 61-036 Poznań Phone: 61 876 62 03, 61 876 61 55, 509 840 502, campimg@malta.poznan.pl (800 m from the pool)
- 2) Hotel NH Poznań ul. Św. Marcin 67, 61-806 Poznań phone: (061) 624 88 00 lub rsvt.nhpoznan@nh-hotels.com. (5 km from the pool)
- 3) HOTEL IKAR ul. Solna 18 phone: (<u>61) 658 71 05</u> (4,4 km from the pool)
- 4) HOTEL HP PARK ul. Baraniaka 77 phone: (61) 874 11 00 (4,3 km from the pool)
- 5) MALTA PREMIUM ul. Bnińska 16 phone: (61) 307 00 09 (2,2 km from the pool)
- 6) HOTEL ŚRÓDKA ul. Śródka 6 phone: 733 62 62 (2,4 km from the pool)
- 7) HOTEL IBIS ul. Kazimierza Wielkiego 23 phone: (061) 858 44 00 (4,9 km from the pool)
- **8) VILLA TABU** ul. Ludmiły 56 phone: 501 273 204, (61) 876 80 48 (3,3 km from the pool)
- **9) MEET POZNAŃ HOTEL** ul. Wagrowska 6 phone: 662 233 427 (6,2 km from the pool)
- **10) HOTEL KOREL** ul. 28 Czerwca 1956, 209 phone: (61) 222 84 00 (8,5 KM from the pool)

The organizer does not act as a middleman in booking accommodation.

19. Final provisions

- 19.1 Entry for the competition is tantamount to acceptance of the provisions of this Announcement and the Rules of the PZP competition.
- 19.2 During the Championship, during the warm-up and competition, the competitors may only use the designated pools and lanes. Competitors who do not follow these recommendations will be removed from the competition start list.
- 19.3 The organizer is not responsible for items left on the premises.
- 19.4 In matters not covered by the regulations, announcements and other regulations, the regulations of the PZP regarding the organization of competitions apply. Decisions in these matters are made by the Chairman of the Organizing Committee and the Chief Judge.
- 20. Please send any questions or concerns regarding the competition to the following address:

jacek.thiem@wozp.poznan.pl or by phone 502 499 565