

V. 'Year starter' International Senior Swimming Competition Szentes, HUNGARY 18 January 2020

The orgaizer of the competition:

Delfin Health Care Sport Club Szentes Hungarian Senior Swimming Federation Holiday Camp of Szentes

Location:

Holiday Camp of Szentes Csallány Gábor part 4.

50 m indoor swimming-pool, 10 lines, electrical timing (Colorado Time Systems Water temperature:: 26,2-27,0 degrees Celsius

The starting time of the morning competition:

Depending on the entry times and number of the competitors between 9^{30} and 10^{00} . We request you to entry the 1500 m free style earlier so we could calculate and let the competitors know the heats and the starting times. 3 days before the competition we put the starting list and the scheduled line arrangement on the Facebook site of the Holiday Camp of Szentes.

We kindly ask all the competitors to enter the competition with a true entry time.

Warm up: from 9:00 am

Events:

- 1. 1500 m men free style
- 2. 1500 m women free style

 Warm up from 14⁰⁰ to 14²⁰

 Opening ceremony 14²⁵.

 The start of the afternoon competition 14³⁰
- 3. 50 m men free style
- 4. 50 m women free style
- 5. 50 m men breast-stroke
- 6. 50 m women breast-stroke
- 7. 50 m men backstroke
- 8. 50 m women backstroke
- 9. 50 m men butterfly
- 10. 50 m women butterfly
- 11. 200 m men backstroke
- 12. 200 m women backstroke
- 13. 4×100 m MIX free style relay

	Age-groups:	
I. AG	25-29	1991 - 1995
II. AG	30-34	1986 - 1990
III. AG	35-39	1981 - 1985
IV. AG	40-44	1976 - 1980
V. AG	45-49	1971 - 1975
VI. AG	50-54	1966 - 1970
VII. AG.	55-59	1961 - 1965
VIII. AG	60-64	1956 - 1960
IX. AG	65-69	1951 - 1955
X. AG	70-74	1946 - 1950
XI. AG	75-79	1941 - 1945
XII. AG	80-84	1936 - 1940
XIII. AG	85-89	1931 - 1935
XIV. AG	90-94	1926- 1930

<u>Prizes:</u> Medals will be given to the first, second and third competitor in each individual race

Special prizes: The four short events' relative per cent value will be summed for individuals and the one who gets the most points will be the winner of the complex sprint competition.

A special medal for the 50th anniversary of the Hungarian Masters Swimming for those who start in 50m in all swimming strokes.

Entry: The final enrolments must be completed on via internet at the following address: http://szeniorob.hu/ from 28 December 2019

Deadline of the enrolments: 8th January 2020

Information: Pólyáné Téli Éva, 6600 Szentes, Koszta József u. 2. HUNGARY

Tel: 36-63-314-998 evening and weekend

E-mail: delfin esc@freemail.hu

Fees:

50 m individual events: 1000,- HUF / event 1500 m individual events: 1500,- HUF / event

You must pay the fees at the swimming pool on 18^{th} January from 10 am to 1 pm. For swimmers over 70 years old one 50 m events are free, for disabled swimmers all the sprint events are free. For all the swimmers the 1500 m free style event costs 1500 HUF/start.

Szentes, 12 November 2019

Szabó Zoltán Ferenc Major of Szentes Takács László President of umpire

Szabó Imre President of Szentesi Delfin ESC Pólyáné Téli Eva Organizer of the competition