

INTERNATIONAL MASTERS SLOVAK CHAMPIONSHIP 2010

Trenčín, 10 – 11. 04. 2010



**PLAVECKÝ VETERÁNSKY KLUB BRATISLAVA,
CITY OF TRENČÍN
AND
SLOVAK SWIMMING FEDERATION**

PLAVECKÝ VETERÁNSKY KLUB BRATISLAVA
PVK BA



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SPF Slovenská Plavecká Federácia



International Masters Slovak Championship 2010

Trenčín 10 - 11.04.2010

Organisers: Plavecký veterársky klub Bratislava, city of Trenčín and Slovak Swimming Federation

Date: 10 – 11.4.2010

Location: Mestská krytá plaváreň (city swimming pool)
Mládežnícka 4
Trenčín, Slovak republic

Applications: Zuzana Košťálová, Hanulova 1, 841 01 Bratislava, Slovakia
email: kostalova_zuzana@centrum.sk
phone: +421 905 820 779, 0421903 233 479,
applications accepted until 16.3.2010
withdrawals accepted until 23.3.2010

Presence check and payments:

Friday 9.4.2010 from 7 PM to 9 PM

Saturday 10.4.2010 from 11 AM to 1:30 PM at the swimming pool area.

Swimming pool: length – 25m
lanes – 8
electronic timing

Rules:

Entrants compete according to SSF swimming rules, SSF competition rules and a competition program. Swimmers are entered to the heat roster based on time provided.

Scoring and prizes: Meeting is an individual event. Based on the points awarded according to valid Masters tables, final order in each discipline will be announced, together with the Slovak Champion. Swimmers in first 3 positions will be awarded with a medal and a diploma. Best achievement in category men and women will be awarded with a gift.

Entry fee: 1 day: 4 €
2 days: 8 €
relay: 0 €

entrants above 70 years of age entered in up to 3 races – free of charge

Categories: individual – 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64...
relays – 100-119, 120-159, 160-199, 200+

Relay entries may be sent together with the application.

Terms of competition: Each entrant is swimming at own risk. Each entrant must be registered in their own Swimming federation.

PROGRAM:

Saturday 10.4.2010

Warm up from 1 PM to 1:50 PM
Competition starts at 2 PM

- | | |
|--------------------------------|---|
| 1. 4x50m Individual Medley Mix | |
| 2. 100m Freestyle | F |
| 3. 100m Freestyle | M |
| 4. 50m Butterfly | F |
| 5. 50m Butterfly | M |
| 6. 100m Backstroke | F |
| 7. 100m Backstroke | M |
| 8. 50m Breaststroke | F |
| 9. 50m Breaststroke | M |
| 10. 100m Individual Medley | F |
| 11. 100m Individual Medley | M |
| 12. 400m Freestyle | F |
| 13. 400m Freestyle | M |
| 14. 4x50m Freestyle | F |
| 15. 4x50m Freestyle | M |

Sunday 11.4.2010

Warm up from 8 AM to 8:50 AM
Competitions starts at 9 AM

- | | |
|-----------------------------|-----|
| 16. 4x50m Individual Medley | M |
| 17. 4x50m Individual Medley | F |
| 18. 200m Individual Medley | M |
| 19. 200m Individual Medley | F |
| 20. 50m Freestyle | M |
| 21. 50m Freestyle | F |
| 22. 100m Breaststroke | M |
| 23. 100m Breaststroke | F |
| 24. 50m Backstroke | M |
| 25. 50m Backstroke | F |
| 26. 100m Butterfly | M |
| 27. 100m Butterfly | F |
| 28. 200m Freestyle | M |
| 29. 200m Freestyle | F |
| 30. 4x50m Freestyle | Mix |



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Accommodation:

Phone:

Mobile:

Fax:

e-mail:

PENZIÓN ACCOM

Hurbanová 44, 911 01 TRENČÍN

00421(0)32 74 46 641

00421905 556 874, 00421908 664 401

00421(0)32 74 46 642

info@penzionaccom.sk

PENZIÓN NA SIHOTI

Jirásková 5, 911 01 TRENČÍN (smer Sihot)

00421(0)3274 34 164

00421904 019 990

info@penzionnasihoti.sk



Accommodation is arranged individually. Organizers recommend accommodation stated above.

Attention: Please be invited to a friendly evening event accompanied with music. Price of the evening is 9 Euro, appetizer, dinner, raffle and music are included.

Please inform us about the number of people interested together with your application.

Thank you.

Dovidenia v TRENCÍNE

Swimming pool, accommodation and city center locations

